



# Choco Galaxy Mix

Chocolate Flavoured Cereal

HIGH IN  
FIBRE



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## Chocolate Flavoured Cereal, Fortified with Vitamins & Minerals

**Ingredients:** Wheat Flour (49%), Whole Wheat Flour (19%), Sugar, Fat-reduced Cocoa Powder, Maltodextrin, Rapeseed Oil, Natural Flavour, Salt, Vitamins & Mineral Mix [Iron, Potassium, Zinc, Vitamin D, Thiamin, Riboflavin, Niacin, Pantothenic Acid, Vitamin B6, Folic Acid, Vitamin B12]

| Nutritional Information        | per 100g | *RI% |
|--------------------------------|----------|------|
| <b>Energy</b>                  | 1615kJ   | 19%  |
|                                | 382kcal  | 19%  |
| <b>Total Fat</b>               | 3.1g     | 4%   |
| of which <b>Saturates</b>      | 0.9g     | 5%   |
| <b>Carbohydrates</b>           | 85.2g    | 33%  |
| of which <b>Sugar</b>          | 20.0g    | 22%  |
| <b>Fibre</b>                   | 6.6g     | 26%  |
| <b>Protein</b>                 | 8.8g     | 18%  |
| <b>Salt</b>                    | 0.3g     | 5%   |
| <b>Vitamins &amp; Minerals</b> |          |      |
| Iron                           | 19.1mg   | 169% |
| Potassium                      | 556.5mg  | 16%  |
| Zinc                           | 11.9mg   | 125% |
| Vitamin D                      | 5.3µg    | 53%  |
| Thiamin (B1)                   | 1.4mg    | 127% |
| Riboflavin (B2)                | 1.6mg    | 123% |
| Niacin (B3)                    | 19.1mg   | 106% |
| Pantothenic Acid               | 6.4mg    | 128% |
| Vitamin B6                     | 1.7mg    | 113% |
| Folic Acid (B9)                | 569.0µg  | 285% |
| Vitamin B12                    | 2.7µg    | 180% |

\*RI% : Reference intake of an average adult (8400kJ/2000kcal)

Unit



Case



|                  |    |
|------------------|----|
| Units per Case   | 6  |
| Cases per Pallet | 60 |